



Monocacy Aqueduct

Day 1



Potomac and Shenandoah Rivers
View from Harpers Ferry, WV

Day 2

The second day continues along the dry bed and into the Blue Ridge Mountains segment, where caves reach deep into the trailside bluff and scenic river views break up long land traverses. Areas of watered canal, scenic dams, Big Slackwater, Four Locks, and Fort Frederick, and an optional Antietam Battlefield Tour highlight the day. The day ends in Hancock, MD, a welcome oasis.

Day 3

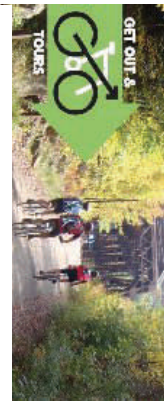


Paw Paw Tunnel (1842)(Mi. 155)

- 2010 Tour Schedule:
- ◆ C&O Canal DC-Cumberland 10/09-11 \$475
 - ◆ C&O-GAP DC-PIT* 5/31-6/4; 10/09-13 \$875
 - ◆ C&O Canal Frostburg-DC 5 day—Ask \$700
 - ◆ Tour of the Virginias 08/08-14 \$1,400 (Call)

Get Out & Go Tours, LLC
Active Tours for Active People
 43160 Wintergrove Drive
 Ashburn, VA 20147-4438
 Web: www.getoutandgo.biz
 Email: info@getoutandgo.biz
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TO:



**16th Annual
 C&O CANAL
 MT. BIKE TOUR**

Georgetown, Washington DC to Cumberland MD
 October 9-11, 2010

*Plus Cumberland-Pittsburgh Option
 on Great Allegheny Passage Rail Trail*



Great Falls National Park, MD

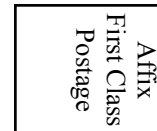
The first end-to-end canal boat left Cumberland, MD October 10, 1850 and arrived in Georgetown seven days later.

Retrace the route of the C&O Canal by Mt. bike, from the earliest, history-rich section of Georgetown, DC, to the remote, scenic mountains.



Lock and Lock House, Old Town, MD

For complete details, visit www.getoutandgo.biz, or request info by e-mail. Other tours and options exist.



Trip Description

Day 1

The trip begins at 8:00 a.m. Saturday in Georgetown, DC. We pass through Georgetown, along the water-filled canal, through Great Falls National Park, and over the first aqueduct before lunch at Whites Ferry. After lunch, we continue through a heavily wooded dry-bed section of the Canal to Harpers Ferry, West Virginia, where hotel showers, magnificent scenic views and dinner await.

Distance: 184 Trail Miles (+3 mi detour) - 3 Days

- Day 1 - Georgetown to Harpers Ferry, WV (62 miles)
- Day 2 - Harpers Ferry, WV to Hancock, MD (65 miles)
- Day 3 - Hancock, MD to Cumberland, MD (60 miles)
- Optional:
 - Day 4 - Cumberland, MD to Ohiopyle, PA (72 miles)
 - Day 5 - Ohiopyle, PA to Boston, PA (56 miles)

GAP option must have at least 8 participants.



Some tour participants at mile 100

**“The cue sheet was super. Thorough and historical.”
- Ron H.**



**“The trip was very well organized. The support team knew the trail and access points very well, and took care of all the logistical items. I’ll definitely come back.”
- Gail M.**

Trip cost of \$475 (add \$400 for GAP) includes:

- ◆ Park maps, extensive cue and history booklet
- ◆ Double occupancy hotel accommodations
- ◆ Sunday and Monday breakfast with fruit, juice, cereal, and pastries
- ◆ Picnic style lunch each day
- ◆ Snacks and drinks throughout the trip
- ◆ Saturday dinner in Harpers Ferry
- ◆ Sunday dinner in Hancock
- ◆ Gear shuttle and custom luggage tags
- ◆ Vehicular support at trail access points, with limited sag service
- ◆ Chartered return transportation
- ◆ Trip participant list
- ◆ 5 more meals, 2 hotel nights for GAP option

(Bike rental extra —call for availability)

Trip Registration — More Info:

Deposit of \$100 required to reserve a spot. Balance and completed waiver due by September 1, 2010. \$25 late fee applies for payment or registration after September 1. Detailed information and directions to starting location provided upon registration.

Cancellation before 9/1/10 forfeits deposit; 9/1—9/15, 50%; No refund for cancellation after 9/15. Trip limited to 36 participants.

Mail deposit with the following form to:

Get Out & Go Tours LLC, 43160 Wintergrove Drive,
Ashburn, VA 20147-4438. 703-728-8665,
info@getoutandgo.biz (www.getoutandgo.biz)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E-mail: _____

I wish to room with: _____

Assign me to a room as you see fit

Ability: Beginner Intermediate Experienced

3 day C&O Canal Tour \$475

5 day C&O Canal + Great Allegheny Passage \$875

Bike Rental [3-day \$75, 5-day \$100]

Height: _____ Inseam: _____

Day 2



Scenic point above
Dam #5 (Mile 107)



Devil's Eyebrow (Mile 124)

Day 3

The final day could be crisp or foggy, but any way it begins, it's a great day. Historic Round Top Cement Mill, the famous Paw Paw Tunnel, and “Old Town” are today's highlights. At the end of the trail, we are picked up for chartered return to Georgetown, returning about 8:30 p.m.